

Preparation phase of the 4 Day Week Pilot Program

November 4th 2024 - February 3rd 2025

Have you signed up for the Belgian pilot program for a shorter work week?
You can participate in an extensive preparation phase, starting on 04/11/24.

We will take you through 5 e-learning modules and 6 online workshops
led by our local experts.



Go through the 5 different modules

Complete the elaborate e-learning modules at your own pace.

1. The 4-day work week explained

Get an in-depth understanding of the history, principles and practical applications of the 4-day workweek model.

2. Measuring success

Explore global research, results from other pilot studies and learn how to use key metrics to define and measure the success of your own 4-day week.

3. Communicating in times of change

Learn effective communication strategies to engage your team, stakeholders and external audiences.

4. Risk management

Discover best practices for preparing, testing and managing risks associated with implementing a 4-day work week.

5. Starting the design phase

Plan the next phase of your 4-day work week, get answers to crucial questions and assess your organisation's readiness for change before moving on to the next phase of the pilot program.



Participate in 6 online workshops

Join other participating companies of the pilot program in these online workshops. Ask your most pressing questions and exchange experiences on specific topics:

- **Overview and orientation**
- **Measuring success, building your dashboard**
- **Redesign your work week**
- **Redesigning your time**
- **Framing your trial**
- **Productivity tools and hacks**